



Central London Lacrosse Emergency Procedures

The following emergency procedures have been drawn up to assist anyone involved in an incident, and to ensure the safety of members of our Club as well as visitors/spectators.

Action recommended for incidents at Regents Park:

- First aid should be administered as appropriate, preferably by a qualified First Aider
- In an emergency dial 999 and give the operator the post code NW1 4RU and mention that you are near The Hub
- Then contact The Hub either by:
 - Sending a member over to their reception
 - Calling 0300 061 2323
- Defibrillator located at The Hub reception

Action recommended for incidents at Somers Town Sports Centre:

- In an emergency dial 999 and give the operator the post code NW1 1RX and mention the outdoor netball courts
- Then contact Reception either by:
 - Sending a member over to reception
 - Calling 020 7419 4365
- Defibrillator located at reception
- It is the responsibility of all members to comply with the Emergency and Fire Procedures as detailed on the notices displayed at the Sports Centre

For any serious incident or accident you need to complete the accident and incident reporting form. This should be returned to club@centrallondonlacrosse.co.uk (club account) as well as cllwelfare@gmail.com (welfare account).

If a junior member or young person, the parents should be informed as soon as possible. Speak to Junior Manager or President if contact details are required.